



Hillborough Infant and Nursery School

Newsletter – 13th September 2024

Value of the month – our value of the month is **community**.

Dear parents and guardians,

After our focus on wellbeing and transition into school or a new class, we are now back into our full swing of our curriculum.

As you may be aware, our nursery provision has expanded, and we are now able to offer provision across the school day. Saplings staff have now settled in their new pupils.

The children now appear less tired and hopefully they are settling back in routines. Thank you for supporting us getting them back into a bedtime routine. If you need any further support, please click on [The Sleep Charity](#) link.

Warm welcome - We are delighted to welcome several new staff members to Hillborough Infant and Nursery School. Their expertise and enthusiasm will undoubtedly contribute to our pupils' growth and success.

- Welcome back Mrs Manning - Reception teacher
- Miss Anjum - has chosen to become a teaching assistant and is working in Reception
- Mr Papciak and Mrs Bura - new Year 1 teachers
- Mrs McQueen and Miss Adams - new Year 2 teachers
- Miss Cook - new HLTA to support classes and lead lessons
- Mrs Al-Hjowj - new Teaching Assistant joining Year 1
- Mrs Johnson - new SEMH TA working in our Inclusion team
- Mrs Rahman - new SEND TA working in our Inclusion team
- Mrs S Begum - new Inclusion Support Assistant/Attendance Officer
- Mrs Kanwal - new Midday Assistant supporting lunchtimes

As the British weather continues to never surprise us, please send your child to school with a raincoat. Physical Health is a crucial part of our curriculum, and it is important for your children's learning for them to be outside and moving every day despite the weather. We also ask them to come to school wearing appropriate footwear for the day, so they can move at ease.

Attendance – **every day counts!** Good attendance is vital for all children, and we work to ensure all children achieve that. We will be working closely with families to ensure good attendance.

Term Time Leave – we would like to remind you that term time leave is only granted in **exceptional circumstances** and **MUST** be agreed by the Headteacher. Any application **MUST** be completed and returned to school, no later than 14 days prior to the request. You will be expected to attend a meeting, in school, to discuss the request before a decision is made. All details can be found by clicking on the following – [Term Time Leave of Absence](#).

PE days and kit – you will have received various notifications around PE and what your child needs. **Reminder – your child's PE kit should be brought into school and remain here during the half term.** All information can be found on the school's website.

Meal ordering system (Select) – The following is a brief reminder about our system. For those of you who are new to the school, you would have been sent out details etc. of how to register and use the system. Please discuss the options with your child so they are not disappointed with their chosen meal. Class teachers no longer record meal choices therefore it is important that all parents/guardians order their child's meals through Select. Do ensure that you order on a weekly or daily basis.

Class Dojo – is a school communication platform that teachers, students, and families use every day to build close-knit communities by sharing what's being learned in the classroom home through photos, videos, and messages. The following link is to a [fact sheet for parents](#).

Extra-curricular clubs – for Year 1 & 2 are due to start week commencing 16th September 2024. You should now have received a ParentMail on what club your child will be attending this half term. **Please note that clubs finish at 16:10 please ensure that you are at the correct point and ready to collect your child promptly.**

Meet & greet (Tuesday 17th September) - This is a **brief** opportunity for you to see how your child has settled into their new class with a quick discussion with their class teacher. There is no requirement to book in advance, after you have collected your child please wait outside your child's class until the teacher invites you inside. **All academic discussions will take place during October at the parent consultation meetings planned for the 22nd and 23rd October 2024.**

Updates from year groups:

- **Nursery & Reception** – produce a wonderful weekly newsletter with all the exciting information about what they are working on and how you can best support your child during the week.
- **Year One** – We have had a fabulous start to the new academic year, Year 1 have settled into their routines quickly and are getting on with their learning.

In English we have been reading '[The Colour Monster](#)', in the story a little girl helps her monster separate his stirred-up feelings. Children discussed and explained when or why they might experience these feelings. Then they verbalised or wrote sentences about some of the feelings.

In maths children have looked at positional language (in, on, behind, under, next to) and ordinal numbers (1st, 2nd, 3rd etc). We have learnt to [subitise](#) and they are getting good at doing so.

In Science we have been learning the names of body parts and this will be the base of this week's homework.

- **Year Two** - It has been a week of wonderful learning - and by sheer coincidence, wonder has been the subject of our English Text, [We are all wonders](#). The quality of story writing has only been matched by the children's determination in maths as they have learned new strategies for addition and subtraction.

Our children have also been quite the geographers, able to demonstrate their knowledge of physical and human geography in their homework and in the vibrant posters they have produced in school. The drawing skills they have been honing in art have been put to good use!

The year two team cannot wait to see where the children's learning journeys take them next!

Family Support - We're really pleased to share with you the great things happening within our community and to provide updates on the resources and support available to you and your family.

Luton Family Hubs aim to welcome all families in Luton. We want to help you make choices about services available for you and your family.

On their website, <https://familyhubs.luton.gov.uk/>, or by downloading their app, you'll find a variety of updates on the programs they offer, practical tips for enhancing family well-being, and opportunities to get involved in our activities and services.

As always, we encourage you to take full advantage of the resources and opportunities provided by Luton Family Hubs.

Inclusion team - Please find enclosed information leaflets from the Mental Health Support Team (MHST) from CAMHS. There are many services they offer to support families. If you feel you or your family would benefit from any of the services, please contact the Inclusion Team and we can refer you to the service.

- Mental Health Support Team - Wave 5 Information Leaflet
- Helping your child with fears and worries - ages 3 - 11 years
- The Incredible Years - ages 3 - 11 years
- Wheels of Emotion - Year 2 only

Say Hi to your CAMHS Mental Health Support Team!

What do we do?

We are a team that sits within the Luton IIS Children and Adolescent Mental Health Service (CAMHS). We regularly meet with your school and offer support and advice to teachers, families and other professionals, to understand mental health, so that everyone can support you.

Across the team we have skills to support children and young people to manage symptoms of low mood, anxiety and worries and some other mild-to-moderate mental health difficulties. We also work with young people who may struggle with regulating and understanding their emotions. We aim to give space for children and young people to talk about difficulties at home, in school, in their relationships with others and support them in adjusting to life changes.

We offer support via 1-to-1 work, groups, assemblies and workshops (for both carers and children).

If we can't support you, we might be able to advise your school on other people or services who can, so do please do reach out to a trusted adult for a chat!

Team members: Farahada Adebisi, Magid Ahmed, Umama Ahmed, Rachel Anstee, Baber Nawaz, Mary Gilbert, Sarah Karkhans.

Barnardos Helpline- Therapeutic Support

The helplines support service users with therapeutic through their LINK therapy service. Barnardos have a team of over 100 therapists who speak 40 different languages. The service includes a Family Refugee Helpline. This helpline provides emotional and practical support as well as advice and signposting to children, young people and their families. Funded by Department for Levelling Up, Housing and Communities Barnardos can offer free therapeutic support to children and young people aged 21 and under on the Ukraine and Afghanistan pathways who are living in England.

Barnardos Helplines
Therapeutic support

Barnardos Helplines offer emotional support, advice and signposting across the United Kingdom.

Our Helplines support service users with therapeutic support through our LINK therapy service. We have a team of over 100 therapists who speak 40 different languages. Our team offers virtual support via telephone or online.

Service users can self-refer or be referred by a professional for 8 sessions lasting up to 45 minutes. We can offer some extensions if these are required.

How to refer a service user?
You can call any of our Helplines or complete our online referral form by visiting our website.

helpline.barnardos.org.uk



Did you know that sleep helps children learn?

For many years' sleep has been linked to energy. However, recent scientific research proves it does much more.

Sleep helps children learn better, improves their memory, and helps them to apply their knowledge to solve problems.

Wishing you a wonderful weekend and do enjoy all that you do.

Hillborough Infant & Nursery School Team