



Hillborough Infant and Nursery School

Newsletter – 3rd October 2025

Value of the month – our value of the month is **aspiration (...do our best)**.

Dear parents and guardians,

We would like to thank you again for ensuring your children get enough sleep. I am sure 10 hours can sometimes feel like a great challenge, but I cannot emphasise enough the impact sleep has upon your child's learning. If you need any further support, please click on [The Sleep Charity](#) link.

As we move further into autumn, please send your child to school with a coat or raincoat. Physical Health is a crucial part of our curriculum, and it is important for your children's learning for them to be outside and moving every day despite the weather. We also ask they come to school wearing appropriate footwear for the day, so they can move at ease.

School uniform - please ensure that your children are wearing the correct uniform and suitable footwear. Hair accessories should be kept to a minimum and in the school colours. If you are unsure, do check out our website - <https://www.hillboroughinfants.co.uk/uniform/>

Term Time Leave – we would like to remind you that term time leave is only granted in **exceptional circumstances** and **MUST** be agreed by the Headteacher. Any application **MUST** be completed and returned to school, no later than 14 days prior to the request. You will be expected to attend a meeting, in school, to discuss the request before a decision is made. All details can be found by clicking on the following – [Term Time Leave of Absence](#).

School lunch ordering via Select - recently we sent out a reminder about lunch ordering and it has been repeated again below.

- **The following is a gentle reminder that all meals must be selected in advance by 9.00 p.m. on Sundays for the coming week.**
- **Using Select means that you can:**
 - View the three-weekly menu with your child/children and discuss the options on offer.
 - Select your child/children's preferred choice either one week at a time or a month at the beginning of each term in advance for more than one child using one email account.
- If a choice is not made for your child, they might not get to have the meal they would like. To avoid upset, please ensure you book their meals in advance. A school lunch is critical to pupils' health and well-being, and they also have significant benefits on learning and academic performance.

World Mental Health Day (10th October 2023) – this day, as is every day, is important to both children and adults, and in addition to our PSHE/RHE programme we led on the focus for this year of **'help – access for all'** and that everyone around the world would hopefully be looking after their mental health and be able to access help when needed. Mental health and wellbeing are not just for one day, but every day. This is the link to our website and the page dedicated to wellbeing - <https://www.hillboroughinfants.co.uk/well-being/>. If at any point you are worried about your child's wellbeing, do speak with the class teacher or make contact with our Inclusion Team.

Luton Food Bank / Harvest Festival week – we will be focusing on others for the week beginning the 16th October and we will be sending out details of items that you may wish to bring in to support this wonderful cause and those who need their support. Here is a link to their website - <https://lutonfoodbank.org.uk/>. If you are struggling, you can contact them directly or do contact our Family Support Worker who can also support you and signpost you to other agencies that can provide support.

Updates from year groups:

- **Nursery & Reception** – produce a wonderful weekly newsletter with all the exciting information about what they are working on and how you can best support your child during the week.
- **Year One** – In English, we explored the features of a diary entry, helping Ruby, from our English class story, write her own diary. The children learned that talking about things that make them unhappy can lead to receiving help and solving problems. We also practised using capital letters at the beginning of sentences

and focused on forming them correctly. Now, we've moved on to the story "[Hair Love](#)" by Matthew A. Cherry. The children drew pictures and wrote words or sentences to describe Zuri's emotions when she tried different hairstyles. They used storyboards to retell the story to their partners, helping to build vocabulary and comprehension skills.

In maths, we explored part-whole models, where children practised representing numbers and discovered how numbers can be broken into parts. We've now started learning about commutativity in addition, and the children realised that changing the order of numbers doesn't change the result. They've also been practising learning subtraction using part-whole models, learning new vocabulary such as "minus," "less," and "take away."

In art, we introduced the children to the artist [Vincent van Gogh](#) and explored the techniques he used in his paintings. The children took self-photos, which were cropped, and they practised applying less pressure on their pencils to create fainter lines while drawing their own self-portraits.

It's been an exciting and productive couple of weeks!

- **Year Two** - This week has been one for our diaries - we have been celebrating black history month *and* making time to recognise and celebrate good mental health. Speaking of diaries, the children have been writing diaries based on our text [Amazing Grace](#). They have worked hard and produced some outstanding writing.

In maths we have been learning about ordering numbers on a number line with varied starting points. We have been thinking about the midpoint and quartiles to help us place our numbers correctly. We have also been using our place value knowledge of tens and ones to support us with the number lines. We have been 'number detectives' reading and deciphering the clues to find the missing numbers.

In science we are learning about the lifecycles of different animals and trying to work out the animal babies which don't look like their adults.

Inclusion Team - The most important skills needed for **communication** are **attention and listening skills**. All other communication skills are based upon the ability to pay **attention and listen**. Here is a link to some really useful advice on how to support your child to develop this further - [Attention and listening skills](#)

Behaviour – the NSPCC, have alerted us to a new webpage, with a focus on anger in children and how to deal with it, according to age. The following link will take you to the page and then you can select the correct age for your child and then find some easy and practical ideas - <https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/arguments-conflict-family-tension>

Importance of sleep – again we will highlight how much sleep all of us need, whether you are child, parent or grandparent. Sleep is so vital for all of us and really helps all to function well, learn more, solve problems and be less reactive to small niggles. There is plenty of advice on the following link - <https://thesleepcharity.org.uk/information-support/children/>

What's on in Luton this October 2025 – please find below a link to The Culture Trust Luton, which provide a lot of free entertainment and activities for children and adults - <https://www.culturetrust.com/>



Wishing you a lovely weekend

Hillborough Infant & Nursery School Team